

## WHAT TO DO TO PREVENT DROWNINGS

- ☀ **YELL FOR HELP** and get the child out of the pool
- ☀ **CALL 9-1-1** immediately for emergency medical assistance, if you know CPR perform it until help arrives. If you do not know CPR follow the instructions given by the dispatchers until help arrives.

For more information contact :

**San Bernardino County Fire Department  
Office of the Fire Marshal  
Community Safety Division  
620 South "E" Street  
San Bernardino, CA 92415-0179  
909-386-8427**



Also visit us on the world wide web:  
[www.sbcfire.org](http://www.sbcfire.org)



## San Bernardino County Fire Department



**Staying cool this summer should not be a tragic experience.**

Read and practice the water safety tips enclosed to make sure your family is water safe this summer.

### **DROWNING FACTS YOU NEED TO KNOW**

- ☼ Drowning is the leading cause of unintentional injury death to children under five years of age
- ☼ A pool or space is 14 times more likely than a vehicle to cause the death of a child under five
- ☼ Drowning is a silent event. Children under five years of age do not understand the dangers of falling into water and do not splash or cry out for help
- ☼ Most of the children who drowned or nearly drowned were last seen in the house or away from the pool or spa
- ☼ Children can drown in the time it takes to answer the phone or door; children have drowned during surprisingly short breaks in visual contact

### **HOME HAZARD HUNT CHECKLIST INSIDE AND OUTSIDE**

#### **OUTSIDE**

- ☼ A barrier fence that is at least 5 feet high needs to surround the pool
- ☼ All gates should be self closing and self-latching
- ☼ Fences should allow for a clear view of the pool with no vertical opening of more than 4 inches wide.
- ☼ Never leave children unattended

#### **BATHROOM**

- ☼ Keep toilet seats and lids down
- ☼ Keep bathroom doors closed
- ☼ Empty; buckets and other containers of all liquids immediately after use
- ☼ Drain sinks and tubs immediately after use
- ☼ Tubs should have a non-slip surface

#### **KITCHEN**

- ☼ Keep kitchen doors closed
- ☼ Empty; buckets and other containers of all liquids immediately after use
- ☼ Drain sinks and tubs immediately after use

#### **GARAGE**

- ☼ Empty; buckets and other containers of all liquids immediately after use
- ☼ Drain sinks and tubs immediately after use
- ☼ Keep washer and dryer lids and doors closed

Keeping you and your family safe involves some basic safety steps:

- 1. PROTECTION:** Use layers of barriers (fences, gates, alarms, etc.) as protection between water and children
- 2. SUPERVISION:** Adults must establish and communicate responsibility for child supervision
- 3. PREPARATION:** Being prepared will ease stress in an emergency